

CITY OF SHEBOYGAN
GROUP HEALTH INSURANCE AND WELLNESS COMMITTEE
THURSDAY, OCTOBER 20, 2016

Chair Sandy Rohrick called the meeting to order at 10:00 a.m. The Pledge of Allegiance followed.

COMMITTEE MEMBERS PRESENT: Alderperson Mary Lynne Donohue, Finance Director Nancy Buss, Laurie Suhrke, John Bridges, Chase Longmiller, Scott Navis, and Mead Library Business Manager Debbie De Amico

COMMITTEE MEMBERS EXCUSED: Alderperson Tammy Rabe, Piotr Gordzieg, and Kurt Zempel

STAFF/OFFICIALS PRESENT: Jenny Lawrence, Kerri Robertson, Mike Johnson

MINUTES

Approval of Minutes - August 18, 2016 - Held until next meeting.

ITEMS FOR DISCUSSION & POSSIBLE ACTION

3.1 REVIEW OF THE SHEBOYGAN SCHOOL DISTRICT'S AND COUNTY OF SHEBOYGAN'S INCENTIVE PROGRAM: Human Resource Director Sandy Rohrick had previously sent out copies of the two programs to committee members. Robert Swessel, Interra Health, was at the meeting to discuss the differences in the two programs and answer questions.

3.2 DISCUSSION AND POSSIBLE ACTION REGARDING WELLNESS INITIATIVES FOR 2016 AND 2017: Robert Swessel from Interra Health brought two different examples of programs that he is administering.

Human Resource Director Sandy Rohrick, Jenny Lawrence, Kerri Robertson, Roger Green from Diversified Benefits, and Robert Swessel from Interra Health will meet before the next meeting and put together a Wellness Initiative Program for 2017 and 2018 for the City of Sheboygan.

There will be a "MAINTAIN NO GAIN" wellness program that Jenny Lawrence and Kerri Robertson will be running over the holidays.

For the next meeting Jenny Lawrence will have the 2017 Exercise Reimbursement incentive program ready for committee approval.

The next meeting is scheduled for Thursday, November 17, 2016 at 10:00 a.m. in the Third Floor Conference Room.

ADJOURN

4.1 Motion by Sott Navis, seconded by Chase Longmiller to adjourn the meeting. The meeting adjourned at 11:13 a.m.