

*****ATTACHMENTS*****

2016 Annual Report

SENIOR ACTIVITY CENTER



Helping older adults to EXPLORE THEIR POTENTIAL

The Senior Activity Center of Sheboygan is a unique collaboration between the City of Sheboygan and the Friends of the Senior Activity Center of Sheboygan a 501© 3 charitable organization.

33,556 Visits were made to the Senior Activity Center in 2016.

57 Regular programs held each month.

17 Programs and classes led by Senior volunteers.

1002 Fitness classes were offered .

3517 Hours donated by senior volunteers = \$ 79, 062.16.

11 Special Events were hosted.

219 Classes, art/crafts, health /wellness, Aging Mastery Program were held.

10 Community events were attended.

13 Trips offered (3 day trips, 6 domestic, 4 international).

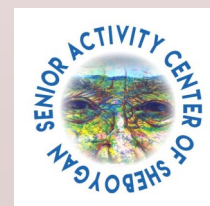
157 Travelers bought trips.

OUR VISION

A dynamic community center encouraging wellness, learning and recreation for Sheboygan's diverse semi-retired and retired residents.

WHO WE ARE

Located within walking distance of Lake Michigan and in the Ellis Historic Neighborhood, we are a vibrant center with an emphasis on wellness, travel and the arts. We enjoy partnerships with the John Michael Kohler Arts Center, Lakeland University and UW Sheboygan. Active members lead programs, teach classes and are enthusiastically involved in the operation of all aspects of the organization.



2016 in focus

Encouraging wellness, learning and recreation.



Picked by the National Council on Aging to be one of 13 pilot sites in Wisconsin to teach the Aging Mastery Program, a 10 week series which aims to educate and inspire older adults to take small steps that can have a large impact on their lives.



Gertrude and Olivia Andersen
Health Summits
4 Summits
200 attendees

Senior Activity Center artists enjoy the opportunities that are afforded to us as one of the Community Partners.



Older adults are talented, have wisdom to share and are an important community resource.



AC-

Tamane Augustin, Volunteer Tutor on electronic devices at SACS awarded "Perseverance in Volunteerism Award."



Senior Activity Center nominated for Sheboygan Chamber' of Commerce Non Profit of the Year.



Winner- Best TV Show produced by seniors in "Best of Midwest" competition.



COMMUNITY EVENTS



July 4th Parade

Road America Cancer Walk



Health and Wellness— Priority #1



Barb Dassow participates in the Plank Challenge. 33 seniors took on the Maintain Don't Gain over the holidays.



Betty Nawikas 93 years young.

Daily Practice Pays Off



Senior Olympic Medal
Winners



Seniors create Thrivent Action Teams and received \$1000 in 2016.

Volunteer Center of Sheboygan County sends local company volunteers to complement our own volunteer efforts.

VOLUNTEERISM

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it is the only thing that ever has.”

Margaret Mead



Senior volunteers at Brat Days who work and raise money for the Senior Activity Center.



400 Facebook likes

314, 627 website visits

Volunteers work at RCS Empowers, Inc. and donate their wages to the Senior Activity Center!

CITY OF SHEBOYGAN

REQUEST FOR SENIOR ACTIVITY CENTER COMMISSION CONSIDERATION

ITEM DESCRIPTION: Program Highlights, Upcoming Events, Statistics Collection

REPORT PREPARED BY: Wendy Schmitz, Supervisor of Senior Activity Center

REPORT DATE: May 4, 2017

MEETING DATE: May 10, 2017

FISCAL SUMMARY:

Budget Line Item: N/A
Budget Summary: N/A
Budgeted Expenditure: N/A
Budgeted Revenue: N/A

STATUTORY REFERENCE:

Wisconsin Statutes: N/A
Municipal Code: N/A

BACKGROUND / ANALYSIS:

None

STAFF COMMENTS:

Program Highlights-

- Kerri Robertson held fitness classes at Deland Park on voting day.
- Wendy Schmitz attended Non-Profit Roundtable at Sheboygan Historical Museum.
- AMP classes Healthy Relationships and Financial Fitness were held with 22 people graduating the series.
- IDEAS academy began a writing/ discussion workshop with seniors at SACS.
- ATI presentation very well attended, request received to continue.
- Wendy Schmitz attended Succession training provided by CVMIC.
- AARP smart Driver class very well received and well attended.
- Kerri Robertson held a very successful Volunteer Appreciation dinner.
- Marilyn Montemayor gave a presentation on the Holocaust which was taped for our next TV show. Very well attended.
- Money Smart presentation on Scams very well attended also.

Upcoming Events-

- May 1- Lunchtime presentation by Gary Beyer.
- May 4- Laughter Yoga workshop with Aaron Covey.
- May 8- Stepping On Workshop begins - Kerri Robertson
- May 10- Kohler High School Volunteer Project
- May 12- Ladies Luncheon
- May 16- Coffee with a Cop
- May 16- IDEAS Academy workshop
- May 17- Wendy presents at Non-Profit conference in Appleton.

- May 19- AMP elective, Communicating with your Doctor.
- May 24- Friends Annual Meeting and Potluck
- May 25- Thrivent action team gardening project

Statistics Collection-

April totals= 2765 (2541 in 2016)

Friends members= 598 (604 in 2016)

Volunteers = 104.1 by 15 (310.5 by 28 in 2016)

Friends Report-

The Friends Board approved the hiring of a Community Engagement Coordinator.

ACTION REQUESTED:

None

ATTACHMENTS: None

Steps taken to fulfill strategic plan goals.

Quality of Life Action Items

1. To inform senior citizens about civic engagement opportunities.
2. Complete a building adequacy study
 - Assigned to Department of Public Works

Governing and Fiscal Management Action Items

- Include Senior Activity Center participants in planning related to the retirement population.
- Develop a succession plan for all management positions.
- Wendy attended CVMIC Succession Planning training April 13th.
- Communication- Critical Measures